

YDP TRAINING SCHEDULE 2025

(EFFECTIVE 3RD MAY 2025)

COURT 3

SAT	SUN	MON	TUE	WED	THU	FRI/ SAT
NATIONAL WOMEN'S SQUAD 15:00-17:30 1. Manha Mohamed Ali 2. Nayara Usama Ali 3. Aishath Karin Salzan 4. Keyara Usama Ali 5. Layan Mohamed Shamin	NATIONAL MEN'S SQUAD 15:00-17:30 1. Adam Aal Niyaz 2. Kaisaan Izzath Rasheed 3. Muhammad Nooh Nazih 4. Daoud Shaheeb 5. Abdulla Faaih Fazeel	NATIONAL WOMEN'S SQUAD 15:00-16:30 1. Naba Nishan 2. Manha Mohamed Ali 3. Nayara Usama Ali	NATIONAL MEN'S SQUAD 15:00-16:30 1. Adam Aal Niyaz 2. Kaisaan Izzath Rasheed 3. Abdulla Faaih Fazeel	NATIONAL WOMEN'S SQUAD 15:00-17:30 1. Manha Mohamed Ali 2. Nayara Usama Ali 3. Aishath Karin Salzan 4. Keyara Usama Ali 5. Layan Mohamed Shamin	NATIONAL MEN'S SQUAD 15:00-17:30 1. Adam Aal Niyaz 2. Kaisaan Izzath Rasheed 3. Muhammad Nooh Nazih 4. Daoud Shaheeb 5. Abdulla Faaih Fazeel	MATCH PRACTICE 09:00-16:00
NATIONAL WOMEN'S SQUAD 17:30-19:30 1. Aishath Livia Khatheer 2. Mishal Mohamed 3. Sarah Saamee Mohamed 4. Ayesha Zoya Ali Suzain 5. Naba Nishan 6. Aaraa Aasaal Azim	NATIONAL MEN'S SQUAD 17:30-19:30 1. Mika Mohamed Kaleem 2. Ahmed Saai Waheed 3. Looth Agleem Ahmed 4. Zafayaan Mohamed Salaam 5. Musrif Mohamed 6. Ahmed Alham Shiyam	NATIONAL WOMEN'S SQUAD 16:30-18:00 1. Aishath Karin Salzan 2. Aara Aasaal Azim 3. Keyara Usama Ali	NATIONAL MEN'S SQUAD 16:30-18:00 1. Muhammad Nooh Nazih 2. Daoud Shaheeb	NATIONAL WOMEN'S SQUAD 17:30-19:30 1. Aishath Livia Khatheer 2. Mishal Mohamed 3. Sarah Saamee Mohamed 4. Ayesha Zoya Ali Suzain 5. Naba Nishan 6. Aaraa Aasaal Azim	NATIONAL MEN'S SQUAD 17:30-19:30 1. Mika Mohamed Kaleem 2. Ahmed Saai Waheed 3. Looth Agleem Ahmed 4. Zafayaan Mohamed Salaam 5. Musrif Mohamed 6. Ahmed Alham Shiyam	FITNESS TRAINING 18:00-20:00 SUN-THUR
		NATIONAL WOMEN'S SQUAD 18:00-19:30 1. Layan Mohamed Shamin 2. Sarah Saamee Rasheed 3. Ayesha Zoya Ali Suzain	NATIONAL MEN'S SQUAD 18:00-19:30 1. Mika Mohamed Kaleem 2. Looth Agleem Ahmed 3. Zafayaan Mohamed Salaam			
NATIONAL GROUP B GIRLS 19:30-21:30 1. Nym Ahmed Saleem 2. Malsha Mohamed 3. Alya Rasheed 4. Azita Aisha Yamin 5. Isra Aara Ibrahim Shafeeu 6. Clara Sarena Asif 7. Aisha Sara Wisam 8. Rya Raahi Riffath 9. Lara Ahmed Yazeel 10. Zahara Lylie Shiham	NATIONAL GROUP B BOYS 19:30-21:30 1. Ismail Nuhaik Irushan 2. Alson Mohamed Saamee 3. Yoosuf Zain Mohamed Salaam 4. Yaal Farhath Habeeb 5. Raudhak Maumoon 6. Simak Sim Jaabir 8. Ziyen Abdul Rasheed 9. Daud Fazeeh 10. Luke Mohamed Muzzamil 11. Mohamed Muzaffar Ahmed 12. Izyan Ignaz Mansoor	NATIONAL GROUP B GIRLS 19:30-21:30 1. Nym Ahmed Saleem 2. Malsha Mohamed 3. Alya Rasheed 4. Azita Aisha Yamin 5. Isra Aara Ibrahim Shafeeu 6. Clara Sarena Asif 7. Aisha Sara Wisam 8. Rya Raahi Riffath 9. Lara Ahmed Yazeel 10. Zahara Lylie Shiham	NATIONAL GROUP B BOYS 19:30-21:30 1. Ismail Nuhaik Irushan 2. Alson Mohamed Saamee 3. Yoosuf Zain Mohamed Salaam 4. Yaal Farhath Habeeb 5. Raudhak Maumoon 6. Simak Sim Jaabir 8. Ziyen Abdul Rasheed 9. Daud Fazeeh 10. Luke Mohamed Muzzamil 11. Mohamed Muzaffar Ahmed 12. Izyan Ignaz Mansoor	NATIONAL GROUP B GIRLS 19:30-21:30 1. Nym Ahmed Saleem 2. Malsha Mohamed 3. Alya Rasheed 4. Azita Aisha Yamin 5. Isra Aara Ibrahim Shafeeu 6. Clara Sarena Asif 7. Aisha Sara Wisam 8. Rya Raahi Riffath 9. Lara Ahmed Yazeel 10. Zahara Lylie Shiham	NATIONAL GROUP B BOYS 19:30-21:30 1. Ismail Nuhaik Irushan 2. Alson Mohamed Saamee 3. Yoosuf Zain Mohamed Salaam 4. Yaal Farhath Habeeb 5. Raudhak Maumoon 6. Simak Sim Jaabir 8. Ziyen Abdul Rasheed 9. Daud Fazeeh 10. Luke Mohamed Muzzamil 11. Mohamed Muzaffar Ahmed 12. Izyan Ignaz Mansoor	
NATIONAL WOMEN'S SQUAD 21:30-22:30	NATIONAL MEN'S SQUAD 21:30-22:30	NATIONAL WOMEN'S SQUAD 21:30-22:30 1. Aishath Livia Khatheer 2. Mishal Mohamed	NATIONAL MEN'S SQUAD 21:30-22:30 1. Musrif Mohamed 2. Ahmed Alham Shiyam 3. Ahmed Saai Waheed	NATIONAL WOMEN'S SQUAD 21:30-22:30	NATIONAL MEN'S SQUAD 21:30-22:30	

COURT 4

SAT	SUN	MON	TUE	WED	THU	FRI
JUNIOR GIRLS 15:00-16:30 1. Alya Ahmed Afzal 2. Lumy Agleem Ahmed 3. Fathimath Malkiya Zameer 4. Malaka Mohamed Ali 4. Layara Usama Ali 5. Zeesha Ahmed Latheef	JUNIOR BOYS 15:00-16:30 1. Hoodh Ahmed Nazih 2. Alavi Ahmed Khatheer 3. Mishal Makki Hussain 4. Hussain Azan Ali 5. Hassan Shail Mohamed Ibrahim 6. Cahill Aseel 7. Ibrahim Maahil Zameer	JUNIOR GIRLS 15:00-16:30 1. Alya Ahmed Afzal 2. Lumy Agleem Ahmed 3. Fathimath Malkiya Zameer 4. Malaka Mohamed Ali 4. Layara Usama Ali 5. Zeesha Ahmed Latheef	JUNIOR BOYS 15:00-16:30 1. Hoodh Ahmed Nazih 2. Alavi Ahmed Khatheer 3. Mishal Makki Hussain 4. Hussain Azan Ali 5. Hassan Shail Mohamed Ibrahim 6. Cahill Aseel 7. Ibrahim Maahil Zameer	JUNIOR GIRLS 15:00-16:30 1. Alya Ahmed Afzal 2. Lumy Agleem Ahmed 3. Fathimath Malkiya Zameer 4. Malaka Mohamed Ali 4. Layara Usama Ali 5. Zeesha Ahmed Latheef	JUNIOR BOYS 15:00-16:30 1. Hoodh Ahmed Nazih 2. Alavi Ahmed Khatheer 3. Mishal Makki Hussain 4. Hussain Azan Ali 5. Hassan Shail Mohamed Ibrahim 6. Cahill Aseel 7. Ibrahim Maahil Zameer	MATCH PRACTICE 09:00-16:00
SENIORS 16:30-18:30	SENIORS 16:30-18:30	SENIORS 16:30-18:30	SENIORS 16:30-18:30	SENIORS 16:30-18:30	SENIORS 16:30-18:30	FITNESS TRAINING 18:00-20:00 SUN-THUR
GREEN BALL (BOYS) 18:30-19:30 1. Umar Mohamed Khalid 2. Rayn Mohamed Nizal 3. Yumaan Ahmed Hameed 4. Mohamed Aluck Ibrahim 5. Jibril Sim Jabir 6. Lail Agleem Ahmed	GREEN BALL (GIRLS) 18:30-19:30 1. Yana Mohamed Ahsan 2. Aisha Aala Ismail 3. Elena Hassan Naseem 4. Raya Saamee Mohamed 5. Liah Aseel	GREEN BALL (BOYS) 18:30-19:30 1. Umar Mohamed Khalid 2. Rayn Mohamed Nizal 3. Yumaan Ahmed Hameed 4. Mohamed Aluck Ibrahim 5. Jibril Sim Jabir 6. Lail Agleem Ahmed	GREEN BALL (GIRLS) 18:30-19:30 1. Yana Mohamed Ahsan 2. Aisha Aala Ismail 3. Yumaan Ahmed Hameed 4. Raya Saamee Mohamed 5. Liah Aseel	GREEN BALL (BOYS) 18:30-19:30 1. Umar Mohamed Khalid 2. Rayn Mohamed Nizal 3. Yumaan Ahmed Hameed 4. Mohamed Aluck Ibrahim 5. Jibril Sim Jabir 6. Lail Agleem Ahmed	GREEN BALL (GIRLS) 18:30-19:30 1. Yana Mohamed Ahsan 2. Aisha Aala Ismail 3. Elena Hassan Naseem 4. Raya Saamee Mohamed 5. Liah Aseel	
NATIONAL GROUP B GIRLS 19:30-21:30 1. Nym Ahmed Saleem 2. Malsha Mohamed 3. Alya Rasheed 4. Azita Aisha Yamin 5. Isra Aara Ibrahim Shafeeu 6. Clara Sarena Asif 7. Aisha Sara Wisam 8. Rya Raahi Riffath 9. Lara Ahmed Yazeel 10. Zahara Lylie Shiham	NATIONAL GROUP B BOYS 19:30-21:30 1. Ismail Nuhaik Irushan 2. Alson Mohamed Saamee 3. Yoosuf Zain Mohamed Salaam 4. Yaal Farhath Habeeb 5. Raudhak Maumoon 6. Simak Sim Jaabir 8. Ziyen Abdul Rasheed 9. Daud Fazeeh 10. Luke Mohamed Muzzamil 11. Mohamed Muzaffar Ahmed	NATIONAL GROUP B GIRLS 19:30-21:30 1. Nym Ahmed Saleem 2. Malsha Mohamed 3. Alya Rasheed 4. Azita Aisha Yamin 5. Isra Aara Ibrahim Shafeeu 6. Clara Sarena Asif 7. Aisha Sara Wisam 8. Rya Raahi Riffath 9. Lara Ahmed Yazeel 10. Zahara Lylie Shiham	NATIONAL GROUP BOYS 19:30-21:30 1. Ismail Nuhaik Irushan 2. Alson Mohamed Saamee 3. Yoosuf Zain Mohamed Salaam 4. Yaal Farhath Habeeb 5. Raudhak Maumoon 6. Simak Sim Jaabir 8. Ziyen Abdul Rasheed 9. Daud Fazeeh 10. Luke Mohamed Muzzamil 11. Mohamed Muzaffar Ahmed	NATIONAL GROUP B GIRLS 19:30-21:30 1. Nym Ahmed Saleem 2. Malsha Mohamed 3. Alya Rasheed 4. Azita Aisha Yamin 5. Isra Aara Ibrahim Shafeeu 6. Clara Sarena Asif 7. Aisha Sara Wisam 8. Rya Raahi Riffath 9. Lara Ahmed Yazeel 10. Zahara Lylie Shiham	NATIONAL GROUP BOYS 19:30-21:30 1. Ismail Nuhaik Irushan 2. Alson Mohamed Saamee 3. Yoosuf Zain Mohamed Salaam 4. Yaal Farhath Habeeb 5. Raudhak Maumoon 6. Simak Sim Jaabir 8. Ziyen Abdul Rasheed 9. Daud Fazeeh 10. Luke Mohamed Muzzamil 11. Mohamed Muzaffar Ahmed	
NIGHT SESSION (GIRLS) 22:30-00:00	NIGHT SESSION (BOYS) 22:30-00:00	NIGHT SESSION (GIRLS) 22:30-00:00	NIGHT SESSION (BOYS) 22:30-00:00	NIGHT SESSION (GIRLS) 22:30-00:00	NIGHT SESSION (BOYS) 22:30-00:00	
MINI COURT						
SAT	SUN	MON	TUE	WED	THU	
SUPER SHOT 15:00-16:00	SUPER SHOT 15:00-16:00	SUPER SHOT 15:00-16:00	SUPER SHOT 15:00-16:00	SUPER SHOT 15:00-16:00	SUPER SHOT 15:00-16:00	
SUPER SHOT 16:00-17:00	SUPER SHOT 16:00-17:00	SUPER SHOT 16:00-17:00	SUPER SHOT 16:00-17:00	SUPER SHOT 16:00-17:00	SUPER SHOT 16:00-17:00	
ORANGE BALL 17:00-18:00 1. Easa Sim Jabir 2. Navid Nishan 3. Skyna Binth Ali Suneez	SUPER SHOT 17:00-18:00	ORANGE BALL 17:00-18:00 1. Easa Sim Jabir 2. Navid Nishan 3. Skyna Binth Ali Suneez	SUPER SHOT 17:00-18:00	ORANGE BALL 17:00-18:00 1. Easa Sim Jabir 2. Navid Nishan 3. Skyna Binth Ali Suneez	SUPER SHOT 17:00-18:00	